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NASM Essentials of. Personal Fitness Training FOURTH EDITION Micheal A. Clark, DPT, MS, PES, CES Chief Executive Officer National Academy of Sports Medicine Mesa, AZ. Scott C. Lucett, MS, PES, CES, NASM-CPT Director of Product Development National Academy of Sports Medicine Mesa, AZ.

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Contributors: Micheal A. Clark, Scott Lucett, National Academy of Sports Medicine, Rodney J. Corn: Edition: illustrated: Publisher: Lippincott Williams & Wilkins, 2008: ISBN: 0781782910, 9780781782913: Length: 552 pages: Subjects

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